

# HOTELS **Blue Spa** Zahara



## Circuit

### Spa y Belleza circuit

50€

### **Sensaciones circuit**

65€











## Massages

#### Relaxing

A gentle and enveloping massage that provides absolute relaxation.

75´ · 92€ 55´ · 75€ 25´ · 55€

#### Sports

A massage that prepares the body's tissues for any type of sport, in order to prevent any type of injury.

75´ · 92€ 55´ · 75€ 25´ · 55€

#### **Natural Essences**

Enveloping massage with a choice between Chocolate, which moisturises, nourishes and tones the skin, or Olive Oil and Honey, ideal for malnourished skin, detoxifying and relaxing the muscles.

55´ · 75€ 25´ · 55€

#### Decontracting

A deep, invigorating massage that relieves muscle tension and pain.

75´・92€ 55´・75€ 25´・55€

### Draining

Massage with very gentle and slow movements favouring the circulation of lymph and the elimination of liquids.

75´ · 92€ 55´ · 75€ 25´ · 55€

#### Aromatic

Body Massage combined with different essential oils to energize, relax and revitalize our body.

55´ · 75€ 25´ · 55€

### Massages

#### Holistic

Our Holistic Geothermal massage is a massage that, thanks to the contrast of hot and cold stones, provides a sensation of balance, relaxation and wellbeing throughout the body, acting on mental, physical and energetic levels.

55´ · 99€

### **Herbal Pindas**

Massage carried out with bags containing a natural preparation of aromatic and medicinal herbs mixed with essential oils.

60´ · 80€

### Anti-cellulite

Specific treatment to eliminate cellulite and orange peel skin.

With an anti-cellulite cream with a heat effect, intense friction and high pressure is applied to treat the desired area, which are usually the legs, buttocks, abdomen or buttocks.

55´ · 75€ 25´ · 55€

### **Beer oil**

An exclusive body oil made from hops and yeast is used for this massage.

This massage relaxes the muscles and provides relaxation throughout the entire musculature. Its purpose is to provide a state of tranquillity and rest through appropriate movements.

55´ · 75€ 25´ · 55€

Facial treatments



# Facial treatments

#### Source Marine Moisturiser

This treatment corrects the hydration level of dehydrated skin and revitalises it in depth, giving it a velvety feel and radiance.

60´・65€

#### Soothing Cold Cream Marine

An oasis of peace for dry and sensitive skin, this treatment provides the essence of the Cold Cream Marine formulation, exclusive to THALGO, to durably nourish and increase the tolerance threshold of delicate and fragile epidermis.

60´ · 62€

### Purifying Marine Purity

Specifically dedicated to combination to oily skin, this treatment concentrates marine power to restore the beauty of healthy skin. Imperfections are visibly reduced, pores are refined and shine is controlled.

60´ · 62€

#### Marine for men

Moisturising, Nourishing, Anti-irritation or Purity, this treatment provides a tailor-made solution for men's skin. Enriched with Vitale Blue Algae extract, a cellular energising complex, and with its relaxing massage, this treatment addresses all men's needs. The skin is energised, perfectly balanced.

60´ · 62€

### Facial treatments

#### **Kobido Facial**

This treatment can be an ideal option for those who want a total relaxation session. Although it is ideal for those suffering from stress and anxiety, it is also ideal for those who wish to treat themselves to an hour of tranquillity.

60´・65€

### Facial lymphatic drainage

This is a massage applied to the face area to activate the lymphatic system and eliminate toxins, improving blood circulation in the area. It is a non-invasive treatment that improves the state of our face, reducing fluid retention.

30´ · 50€

#### Face, neck and neckline relaxation massage

It relieves pain, eliminates stress, relaxes our muscles, calms our nervousness and helps us to sleep better.

30´ · 50€

#### Deep Facial Cleansing

With our advanced facial cleansing we manage to decongest, balance and oxygenate the skin to combat the effects of external agents that weaken the face creating oily shine, acne or dryness and tightness.

60´・65€

### Rejuvenating treatment

#### Hyalu-Procollagen Filler

Wrinkle-by-wrinkle treatment that combines hyaluronic acids and marine pro-collagen with Roller Boosters, for visible effectiveness from the first treatment. Instantly, the face appears younger, as if relaxed and even established wrinkles seem to smooth out.

70´ · 65€

### **Lifting Silicium Marin**

This anti-ageing firming treatment, rich in Marine Silicium, stands out for its high performance in correcting loss of firmness and smoothing marked wrinkles. At the heart of its protocol, a highly effective anti-wrinkle massage and a professional double mask firm, erase wrinkles and restore radiance to the complexion.

60´・65€



#### Lumiére Marine Uniformer

Created for tailor-made correction, this progressive, triple exfoliating treatment is effective on all complexion problems and dark spots. The personalisation of applications on the face, applied globally or locally, offers a visible anti-ageing result on the uniformity and clarity of the complexion as well as on the correction of pigmentation spots.

60´・65€

Body treatments





#### **Body Exfoliation + Moisturising**

A deep and complete exfoliation of the entire body removes dead skin cells and produces an ultra-soft sensation on your skin, preparing it for the treatments. carried out afterwards. After the exfoliation, the Moisturising Body Cream is applied with a superficial massage to facilitate its absorption and leave your skin luminous and moisturised.

#### 40' · 57€

#### Localised firming-reducer

Its mission is to eliminate localised fat in the abdomen. legs, arms and buttocks while firming and eliminating cellulite. The results are evident from the first session. but after 3 sessions the result is permanent. Three phases are carried out: Anti-cellulite and Reducing Massage with a special product with a heat effect, wrapping with a heat blanket to enhance the effectiveness of the product and a circulatory and draining massage to help eliminate liquids with a cold effect.

45' · 57€

### Body treatments



Rituals



#### Geisha

With this ritual we unify the skin tone providing softness and a silky texture. The secret of the Geisha...

The welcome begins with a foot wash with fresh mint, coconut and hot towels, which prepares the person to immerse themselves in deep relaxation. This is followed by the application of a warm peeling with a shower of coconut salt, which cleanses and prepares the body skin for a relaxing head-to-toe massage with warm olive oil and honey, while an aromatherapy facial is performed.

**75**´ · 80€

### Rituals

### Rituals

#### **Al-Andalus**

This ritual combines body exfoliation with the traditional Kessa glove to remove dead skin cells and activate blood circulation. It is complemented with a relaxing massage, performed with essential oils warmed by the client's choice and providing relaxation and hydration of the skin.

75´ · 80€

#### Beer

Beer is an ancient drink that contains minerals and vitamins very beneficial for the skin.

We rely on its antioxidant, revitalising and skin regenerating properties to perform the beer ritual and leave your skin as good as new. It consists of:

• Complete body exfoliation with beer peeling with cinnamon aroma.

· Complete moisturising massage with beer oil.

60´ · **7**5€

### **Gold Therapy**

Maximum glamour and sophistication in a revitalizing therapy based on marine gold.

A great anti-ageing treatment, it gives the skin a silky feel and glow. Helps to delay ageing and expression marks.

Treatment:

 $\cdot$  Exfoliating Body Scrub: Brightens the skin, leaving it soft and moisturised. Helps repair the skin's natural protective barrier.

· Wrap with silk and gold mask: Anti-ageing, oxygenating, smoothing and depigmenting. Provides luminosity and a silky touch to the skin. Ideal for dry or damaged skin.

 $\cdot$  Relaxing Integral Massage: With silk and gold cream or oil, principles of silk proteins, with antioxidant properties, rejuvenates and leaves the skin soft and smooth. Recommended for dry, irritated and stressed skin.

75´ · 80€

#### **Chocolate therapy**

Well-being and pleasure for the skin through chocolate, which moisturises, reduces blemishes and increases the activity of collagen and elastin. Properties that have the direct effect of reducing wrinkles, skin flaccidity and the rest of the signs of ageing.

In addition to this, the presence of theobromine, tannins and polyphenols in the composition of cocoa means that the massage and body wrap enriched with this component help to burn accumulated fat and reduce cellulite.

This ritual consists of:

- · Body exfoliation with coconut peeling and chocolate oleum.
- · Chocolate wrap and massage.

60´ · 75€



Rituals

### **Energetic pindas**

Get to know the effect of the pindas on your body. Improves physical tensions and tones the nervous system, combating stress. It boosts the body's response, unblocks tensions and clears the mind, improving the mood.

It consists of:

- · Coconut body exfoliation.
- Hops pindas massage with beer oil and cinnamon.

60´ · 75€

#### Geothermal

This is a very special ritual in which we work all the points of the body, alternating hot and cold stones on the legs and hot stones all over the body, making all the energy of your body flow and thus recovering all the vital energy.

It consists of:

- · Coconut body exfoliation.
- Holistic massage with green tea oil.

75´ · 85€

### Rituals

#### Hand treatment

60´ · 34€

Manicure with semipermanent nail polish 32€

Manicure 29€

Eyelash tinting 19€ Foot treatment

60´ · 35€

Semi-permanent nail polish pedicure

Make-up from 33€

Eyelash shaping 23€



### Aesthetics





### Cryolipolysis

60€

#### Cavitation

40€

#### Radiofrequency ₄0€

Hifu (session) 250€ Dermapen from 60€

#### **Pressure therapy**

20€

#### Vacum therapy

40€

#### Electro-stimulation vitamin C firming (buttocks)

60€

Care				
menu				
Electro-				
aesthetics				

### Full body diode laser hair removal

Large area diode laser hair removal 100€

Small area diode laser hair removal 35€

Diode laser hair removal medium area 60€ Full body diode laser resurfacing 100€



Half-legs	Upper lip
16€	6€
Full legs	Arms
25€	12€
Bikini	Back
10€	18€
Complete bikini	Chest
line	18€
16€	
	Eyebrow design and
Underarms	correction
10€	8€

Half-logs

Unner lin

Hair removal

# Hairdressing

Washing and marking	<b>B</b> I
18€	85
Marking tongs	<b>P</b> a
30€	51
Waves	U
25€	36
Short/long hair colouring	<b>Se</b>
21€/35€	32
Highlights short/long hair 32€/46€	M 9€
Short/long hair styler	B(
46€/40€	7€
Girl/boy haircut	<b>C</b> 1
9€	28
Short/long hair toner	Ha
20€/26€	12
Cut + blow dry lady 28€	

ridal up-do 5€ arty up-do € pdo 6€ emi updo 2€ len's haircut E eard grooming E urly iron 8€ lair treatment 2€

